

Worksheet

QUARANTINE ACTIVITY IDEAS

Binge watch a fun show. Choose a genre a day or a genre a week:

- Comedy
- Drama
- Suspense
- Documentary

Buy Hulu, Netflix, Disney or other streaming services for a couple of months. For about \$25, you can drastically increase your watching options!

Work a puzzle together.

Go on a bike ride.

Have an outdoor picnic together.

Play board games.

Cook a special dinner and have a candle-lite dinner together. Try to make meals fun!

Go on a movie marathon. Pick a specific genre or series. Suggestions: Marvel, Star Wars, Rocky, Back to the Future, Indiana Jones, Men In Black, Pink Panther, Disney Princess, Hunger Games....

Study a book of the Bible separately. Then, share your insights together.

Play card games. Spades, Hearts, Gin Rummy, Poker.... Whatever floats your boat.

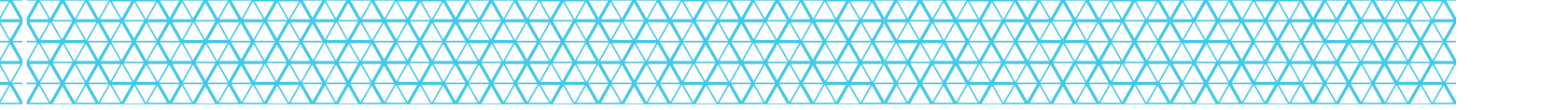
Go on walks around your neighborhood together.

The “dump zone” eliminator. Work together to organize and clear up the “dump zones” in your house.

Take an hour. Each give the other a 30-minute massage.

Watch classic sports games of your favorite teams.

If one of you like it, have a Hallmark movie marathon.



Serve together: Think about those in the most need during this time and creatively bless them. Check on them. Deliver groceries and medications.

Watch family movies and videos together.

Pick a fun book and read it together.

Have video game competitions together with rewards for the winner Just Dance is a good family option.

Make a romantic playlist and slow dance together.

Make a playlist together of your favorite songs growing up.

Schedule some fun times of intimacy together.

Watch the online recording of a different church each day. It would be fun to watch the services of our favorite pastors around the nation.

Lighten things up: Have a comedy day. Only watch comedy movies and sit coms. Or, watch stand-up comedy on Netflix or other streaming services.

Pick some projects you'd like to complete and do them together as a couple.

Order fancy teas and coffees online and have times to sit, enjoy and talk.

Think of your favorite movies growing up and take turns watching each other's favorites.

We are committing to spending _____ hours of intentional, undistracted one-on-one time per week.

We are going to block off from ___ to ___ each week to spend intentional time.

Using the ideas above or other ideas of our own, we are going to enjoy these activities together:
